



# November 2024 School Newsletter

## Principal's Message

During the month of November, we honour all the Saints of our faith. We also pray for the faithfully departed, our loved ones who have died. Let us remember our family members who have gone to their eternal resting place with Jesus. May they rest in peace. November 11th is Remembrance Day. This day marks the time when we are given reason to pause and reflect upon the sacrifices made in the name of freedom. Freedom that we do not want to take for granted. Please take the time to remember Canada's Veterans, brave and proud. Notre Dame will be having a Remembrance Day assembly to honour this special day.

First term Progress Reports are going home on November 4th. These reports provide insights to your child's achievement in the various curriculum areas and how they are progressing in their learning skills and work habits. Next steps are provided to help your child reach and extend their potential. You have the opportunity to engage in Parent/Teacher Interviews the evening of Thursday, November 14th and the morning of Friday, November 15th. We strongly encourage you to attend these interviews. Scheduling your interview(s) will be done online. Information about scheduling an interview is going home soon via School Messenger. Look for the 'Bookings' link from the school to set up your interview. If you are unable to attend, please reach out to your child's teacher to make alternate arrangements.

We thank you for your continued support of our teachers who are working hard with your children. We also appreciate your support around the school with the current parking lot protocol. Our priority is the safety and well-being of our students, and we are grateful for your support.

God Bless,  
*H. Graham, Principal*



**Notre Dame Catholic School**  
35 Braemar Avenue  
Caledonia, ON N3W 2M5  
(905) 765-0649  
Website: [www.notredamecaledonia.ca](http://www.notredamecaledonia.ca)  
Twitter: @ndcaledonia  
**ZONE 2**  
Principal: H. Graham  
Secretary: C. Woods, L. Frenza

**BELL TIMES**  
**8:55am:** School Begins  
**10:35-11:15am:**  
1<sup>st</sup> Nutrition Break  
**12:55-1:35pm:**  
2<sup>nd</sup> Nutrition Break  
**3:15pm:** School Dismissal



## SCHOOL HOURS FOR BALANCED DAY

8:55 am School begins

10:35 – 11:15 am

First Nutrition Break

12:55 – 1:35 pm

Second Nutrition Break

3:15 pm School Dismissal

Please note staff are **NOT** on duty until **8:40 am**.

\*Staff will be on duty to receive students off the bus. \*Upon dismissal at the end of the day **ALL walkers** must leave school premises promptly.

### Important Dates in November

- Nov 1<sup>st</sup>: Begin Booking  
Appointments for P/T Interviews
- Nov 4<sup>th</sup>: Photo Re-Takes
- Nov 4<sup>th</sup>: Progress Reports sent digitally to parents/ guardians
- Nov 14<sup>th</sup>: P/T Interviews 4 – 7pm
- Nov 15<sup>th</sup>: PA Day
- Nov 15<sup>th</sup>: P/T Interviews 9am-12pm
- Nov 16<sup>th</sup>: Grade 8 Confirmation at St. Patrick's Church at 2pm
- Nov 20<sup>th</sup>: Remembrance Day  
School Mass at 11:15am
- Nov 26<sup>th</sup>: Grade 7 Immunizations

### Notify the Office

Please advise the office of any changes to your contact information.

### IMPORTANT

All students (JK to Gr 8) should have a change of clothes at school for any emergencies. We do not want to bother parents during the workday if it can be helped.

### SAC Update

Parent Council  
Co-Chairs – Angela & Jeanine  
Treasurer – B. Drumonde  
Secretary – Mrs. Perkins

### Subscribe to the School Website:

[notredamecaledonia.ca](http://notredamecaledonia.ca)

Subscribe to the  
Transportation  
Website to Receive  
the Latest Bus  
Updates:

[www.transinfobhn.ca](http://www.transinfobhn.ca)  
[www.stsbhn.ca](http://www.stsbhn.ca)

### Visitors/Volunteers:

Parents/Guardians  
must sign in at the  
office.  
Thank you.

## SPIRIT WEAR Items Available!

<https://notredame.talbotstore.com/en/cad>

**This link will be active until 12pm on November 18, 2024**

### **ALL orders are FINAL**

Please review the sizing chart on the website  
to ensure proper sizing is chosen.

Orders are scheduled to arrive at the school the week of December 18th.

### Student Transportation Information for Parents/Guardians

The Transportation website can be found at [www.stsbhn.ca](http://www.stsbhn.ca)

Click on FORMS to access the Transportation Request Form

Click on BUS DELAYS button to check for daily bus delays and cancellations posted by the bus company

Click on the PARENT/STUDENT LOGIN to create an account and access the Student Portal, and sign up for bus delay notifications

Sign up for the Chipmunk App (a GPS/ETA app) – see details in the FAQ section on the website

### E.Q.A.O. School Results ~ Spring 2024

#### Grade 3 Results (42 Students Wrote):

At, or above the provincial standard (Level 3 or 4)

Reading 90%

Writing 71%

Math 67%

#### Grade 6 Results (22 Students Wrote):

At, or above the provincial standard (Level 3 or 4)

Reading 91%

Writing 95%

Math 73%

**Congratulations!**



### IMPORTANT Reminder to Parents:

Ensure regular inspections at home are performed for head lice and nits, and that once pediculosis is discovered, the proper treatment program is followed and repeated, as necessary.

# Head Lice Prevention & Treatment

## What you should know about head lice

Lice, like ants at a picnic, are a part of nature. We dislike them and don't want them in our hair or in our home.

Lice have three stages – the egg (nit), the nymph and the adult.

- Nits are whitish-grey or tan and approximately the size of a grain of sand. Head lice lay their eggs on the hair shaft very close to the scalp with a waterproof "glue." This **makes it difficult to wash them off or brush them out like dandruff.**
- Nymphs are baby lice. They look like adult lice but smaller.
- Adult lice are approximately the size of a sesame seed. They have six legs and are usually tan, grayish white or brown in colour. Lice **move quickly and can be difficult to see.**



**Lice do not jump, fly, swim, or live on pets such as cats and dogs.**

Lice are a nuisance but are not a health concern. They do not cause illness or disease.

The good news is that lice can be managed...and removed. There are ways and treatment options and steps you can take to stop lice from spreading.

## Treating Head Lice

Lice shampoo products have been shown to be **the most effective method for getting rid of head lice.** Before using any head lice shampoo product, read the product inserts and carefully follow the instructions on the package. In some cases, multiple applications may be required to completely remove the lice.

Lice can't live longer than approximately 24 hours on non-human surfaces like carpets, **hardwood floors, clothing, and furniture.** **However, if you have identified lice in your home, isolate and wash those items and areas within at least 72 hours.**

## How do I know if my child has lice?

- tickling or itchy feeling on the head
- feeling something moving in the hair
- frequent scratching of the head

In very bright light, look for lice and nits (lice eggs):

- close to the scalp
- around the ears
- near the forehead
- near the base of the neck

Live lice can be seen moving in the hair close to the scalp. Nits (lice eggs) can be seen close to the scalp attaching to the hair stand.

**NOTE: Unlike dandruff, nits don't easily move and need to be removed using a comb or your fingernail.**

## How to prevent lice from spreading

To prevent getting head lice, avoid direct hair-to-hair contact with others and wear long hair tied up.

Do **NOT** share personal items such as:

- brushes and combs
- hair bands, ties, and elastics
- headphones
- hats or helmets
- scarves or towels

If someone in your home is found to have head lice, check all other family members for lice as well.



Pepperoni Pizza slices can be purchased on School Cash Online for the month of December starting November 1<sup>st</sup>.

**Deadline to order is November 20<sup>th</sup>**

# In the Spotlight

**Congratulations** to our Knights & the Coaches (Mme Turcotte & Mme Alvarado) who worked hard, braved the elements, and made us proud at this year's HN Cross Country Meet on October 23<sup>rd</sup>.

## JR Boys/Girls:

Willow	Chiamanda	Shasha
Shiloh	Kaleb	Carter
Chiagozie	Wyatt	Henry
Mason L.	Xavier	Lilah
Maele	Kyla	Lily
Claire	Kayla	Maria-Julia
Leah	Victoria	Ruby
Chloe	Nevaeh S.	Eliana
Alieda	Samantha	Madison
Veronique	Lailah	Isabella
Grayson	Gabriel	Jack
Wynn	Jackson B.	Isra'el
Joshua	Ivan	Owen
Lucas	Jackson T.	Asher



Milk is distributed each week of the month on Tues/Wed/Thurs. Milk can be purchased on School Cash Online for December starting November 1<sup>st</sup>

**The deadline is November 20<sup>th</sup>**

## SR Boys/Girls:

Emily	Jude	Griffin
Rocco	Porscha	Nath

## Special Mentions:

- Shasha placed 1<sup>st</sup> for Gr 4 girls
- Kaleb placed 4<sup>th</sup> for Gr 4 boys
- Alieda placed 4<sup>th</sup> for Gr 5/6 girls
- Rocco placed 4<sup>th</sup> for Gr 7/8 boys



## Snacks/Treats!

Snacks/treats from outside the school will not be permitted for classroom distribution that are dropped off to celebrate a special day, etc. There are ministry guidelines we must follow, and as an educational institution we are only allowed a maximum number of exemptions throughout the year. (Total 10 for the school year). Thanks for your understanding & cooperation.



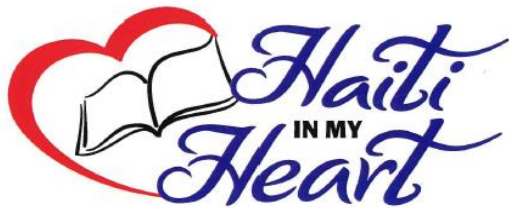
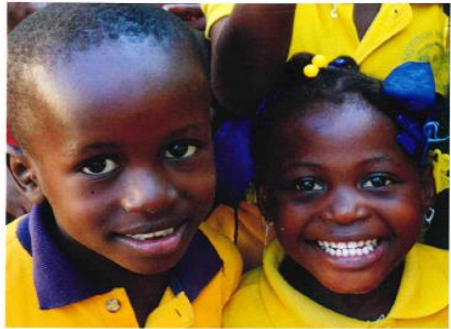
Subway lunch is available to students twice a month. In December, Subway Days have been scheduled on **December 3<sup>rd</sup> & 17<sup>th</sup>** School Cash Online is accepting orders for December starting November 1<sup>st</sup>.

**Deadline to order is November 20<sup>th</sup>**



## We are Pilgrims of Hope

We want to thank our school community for helping our school raise more than \$600.00 for Lovemica, our sponsored child. These funds will provide educational and nutritional needs to the end of the 2025-26 school year for Lovemica, completing her Grade 4 year.



Developing  
the next generation  
of leaders in Haiti

## LOST AND FOUND ITEMS

We have a large number of items in our Lost and Found table. These items will be on display outside of the office during Parent/Teacher Interviews (November 14th and November 15th). Please stop by and claim any items that may belong to your child.

## CHRISTMAS BAKE SALE

**Saturday, November 23<sup>rd</sup>**  
**10:00am to 12:30pm**  
**St. Patrick's Church**  
**107 Orkney Street E., Caledonia**

**Proceeds to the Caledonia Food Bank**  
**Sponsored by the Catholic Women's League**

## ATTENTION PARENTS/GUARDIANS

### Dress for the Weather

The cold weather is coming. Ensure your child(ren) are prepared for outdoor free time. Send them to school with a winter coat, snow pants, boots, hat, mittens, scarf, indoor shoes, etc.

EVERY child should have a change of clothes at school.



### PROGRESS REPORTS:

Progress reports will be sent digitally by email on Monday, Nov. 4<sup>th</sup>. Please ensure the school has been updated of any email address change.

This is a great opportunity to review the report with your child. A perfect time to have a conversation with your child about their current progress before speaking to their teacher about their report.

Parent/Teacher interviews will be held in person this year after school on Nov. 14<sup>th</sup> and the morning of Nov. 15<sup>th</sup> using an online Booking tool. A 'How To' information sheet will be shared with parents. \*The link to teacher calendars will be made available to parents on Nov. 1<sup>st</sup>. Watch your email for the shared link.

# November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Pizza	2
3	4 Photo Re-Takes Progress Reports Sent Digitally	5 Milk Subway Day	6 Milk Popcorn	7 Milk	8 Pizza	9
10	11 <b>Remembrance Day</b>	12 Milk	13 Milk Popcorn	14 Milk P/T Interviews 4pm to 7pm	15 PA Day P/T Interviews 9am-12pm	16 Gr 8 Confirmation 2pm St. Patrick's Church
17 Spirit Wear pop-up store closes at 12pm	18 Milk Subway Day	19 Milk Popcorn School Mass 11:15	20 Milk	21 Milk	22 Pizza	23
24	25 Milk	26 Milk Popcorn	27 Milk	28 Milk	29 Pizza	30

## UPCOMING IMPORTANT DATES:

- December 8 Gr 2 Communion Enrolment Ceremony
- December 23 to Jan 6 Christmas Break
- January 1 Kindergarten Registration Opens
- January (Date TBD) ACS Open House for Grade 9
- January 22 PA Day
- February 3 Term 1 Report Cards sent digitally
- March 6 Oral Health & Vision Screening
- March 10 to 14 March Break

